

# BABYSITTER / CAREGIVER POOL SAFETY CHECKLIST



Swimming is fun and this isn't fun to talk about, but drowning is the *leading cause* of accidental death for children ages 1 – 4 (ahead of motor vehicles) and second for children 5 – 9. Drowning is fast and it is silent.



## MY CHILD'S SWIM ABILITY (CHECK WHAT APPLIES)

### NON-SWIMMER

Name(s):

NOT Allowed in Pool

Allowed in pool with touch supervision in pool and arms reach

Must have Lifevest

Full attention at all times. No phone etc.

### BEGINNER

Name(s):

Knows how to roll over/float

Must have lifevest on  
 Should not wear lifevest

Allowed in pool with you - touch supervision and less than arms reach away at all times.

Allowed in pool with deck supervision and full attention at all times even if lifeguard present.

### GOOD SWIMMER

Name(s):

Comfortable in pool

Knows Strokes

Allowed in pool with touch supervision in pool and arms reach

Allowed in pool with deck supervision and full attention at all times even if lifeguard present.

### NOTES:

## IMPORTANT SAFETY CHECKLIST



All gates to pool locked never propped open



All doors & windows w/ access to pool closed & locked



Remove all toys and objects in/around pool or near fence



Fully empty inflatable pools & put covers on hot tubs/spas



If the child is missing, check pool and water first, then elsewhere.  
In event of incident, dial 911 and start CPR (2 breaths 30 compressions)

VISIT [SWIMONFOUNDATION.ORG](http://SWIMONFOUNDATION.ORG) FOR MORE INFO