

SUPERVISION



NEVER EVER EVER
leave your baby in the bath
UNATTENDED

...not with siblings
...not even for a minute
...even if they are in a bath seat
...even for a few seconds

TEMPERATURE



2" of water is enough
for their bathtime

test temperature
with elbow or wrist

when water gets cold, end bath

WASHING



use a small amount of
mild baby soap
no bubble bath

cradle baby's head
with one arm & wash with other

AFTER BATH



towel dry quickly
to prevent loss of body heat
dry in creases

empty tub
immediately

DON'T FORGET



DROWNING HAPPENS
QUICKLY & SILENTLY
IN AS LITTLE AS 1" OF WATER
AND IN SECONDS

gather everything you will want
(soap • washcloth • towel • diaper • clothes)
If you forget something,
take the baby **OUT** of the tub & **WITH YOU**

BATH SEATS



bath seats can help during
bath time **BUT** they
do not prevent drowning

use a hard plastic, contoured tub
with textured bottom or sling
(or baby can be bathed in sink)

CPR & SAFETY



learn infant CPR

close all toilet seats
keep floor dry so you don't slip

HAVE FUN!



help your baby enjoy bath time
& have fun in the water!

when your baby is
1 or starts crawling, consider
swim lessons
that teach floating on the back